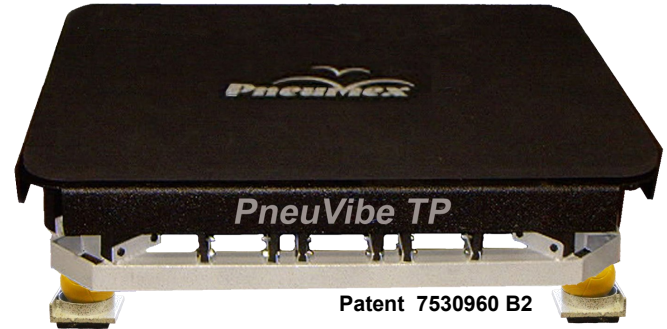


PneuVibe TriPlanar has redefined whole body vibration!

HIGHEST QUALITY IN THE INDUSTRY

- **Simultaneous Hi/Low dual frequency** 4hz-10 to 6ohz
- **Destabilization all planes**
 - Side to Side 4 to 22 mm
 - Vertical 2 to 4 mm,
 - Front to Back 4 to 22 mm
- **32 x 40 platform 10-60 Hz**
- **1.8 to 3.2 G forces**
- **Max weight 1200 lbs**-designed to support Olympic lifting and plyometric training
- **Hi-Lo Amplitude** plus mechanical override



The **PneuVibe TriPlanar** whole body vibration is a safe, effective therapy proven to improve circulation and restore function.

TriPlanar Destabilization

- Improved bone density
- Improved balance
- Improve muscle strength and performance
- Increase flexibility and range of motion
- Enhance critical blood flow
- Increase metabolism
- Increase serotonin



Dimensions	Capacity	Weight	Speed
32" X 40"	1200 lbs	230lbs.	10- 60 MHZ

"My work outs on a traditional ProVibe are 25% to 35% more difficult than ground base workouts. Using the PneuVibe TriPlanar it increases the challenge 25% to 35% above using our ProVibe." **Kyle Perry**

"Vibration is the most exciting tool I have found in 25 years. They are in use all day for everything from massage and joint stabilization to training and strengthening for athletes." **Don Gale PT**

"The PneuVibe TriPlanar is the only platform that allows for Olympic lifts and plyometric training with loads up to 1200 lbs." **Coach Satini**

"After 27 years as a Power Lifter competing Nationally & Internationally I started training on the PneuVibe Pro. At 44 years old, I set State Nation records in 3 weight classes, ranging from 132lbs to 165lbs. As far as I know I am the 1st person to exceed 10 times my body weight in competition: squats 573lbs, bench 341 lbs & 529lbs dead lift. Thank you Pneumex and Weber State University for allowing me to train on this leading edge equipment". **David Edmondson**

The **PneuVibe TriPlanar** is an industrial platform designed to withstand the abuse of professional athletes. The unit is made of industrial steel, has the largest surface area of any vibration plate on the market. The **PneuVibe TriPlanar** is designed to allow Olympic style lifting and plyometrics, however; it is just as effective for core strengthening.

Distributed by:
Pneumex Equipment
2605 North Boyer
Sandpoint, Idaho 83864



Vibration Studies on the Web

www.pneumex.com

Name	Bench	Bench 2	Squats	Squats 2	Power Clean	Power Clean 2	Trap Bar	Trap Bar 2
Perry, Kyle H	285	315	425	500	245	300	435	530
Presser, Tyler A	260	305	315	405	215	245	440	490
Sundquist, Paul V	270	315	335	420	195	275	410	470
Hutchens, Brett J	245	305	295	395	255	275	390	430
La Croix, Devin C	255	325	335	435	185	245	390	500
Wentz, George R	225	285	265	335	165	225	350	400
Youngdahl, Kent C	215	260	245	315	165	205	300	375
Timothy, BAJ	205	295	185	315	185	215	335	440
Cox, Wyatt	275	315	295	415	205	265	370	530
Pearlstein, Quinn M	250	355	265	400	215	285	410	485
Webber, William W	295	360	335	415	195	245	465	540

Name	VJ	VJ 2	Long Jump	Long Jump 2	I-Drill	I-Drill 2	40	40-2
Perry, Kyle H	30	34	9.25	9.67	4.2	3.9	4.8	4.5
Presser, Tyler A	26	29	8.5	9	4.3	4.8	4.9	4.7
Sundquist, Paul V	24	27	8.5	8.75	4.5	4.2	5.1	4.8
Hutchens, Brett J	29	32	8.5	8.75	4.6	4.2	5.1	4.8
La Croix, Devin C	22	27	7.25	7.5	4.6	4.2	5.3	5
Wentz, George R	24	26	6.92	7.75	4.6	4.3	5.3	4.9
Youngdahl, Kent C	22	26	7.25	8	4.6	4.2	5.3	4.9
Timothy, BAJ	24	26	7.83	8.6	4.5	4.1	5.2	4.8
Cox, Wyatt	28	30	8.75	9.25	4.5	4.3	4.9	4.7
Pearlstein, Quinn M	24	28	8.5	9	4.6	4.1	5.1	4.75
Webber, William W	19	23	6.75	7.5	5	4.6	5.8	5.4