

PneuVibe™

CLUB PLATFORM



The PneuVibe Club, with a load limit of 400 lbs., a frequency of 10-60 hertz, adds a myriad of benefits to your patient's care. Easy step up and handlebars to help steady clients.

HIGHEST QUALITY IN THE INDUSTRY

- 32 x 18 platform
- Handlebars to steady client
- Easy On/Off control
- 1-6 mm amplitude
- 10-60 Hz
- Hi-Lo Amplitude plus mechanical override

Key Benefits

- Increase in resting metabolic rate
- Improved bone density
- Improved balance
- Improve muscle strength and performance
- Increase flexibility and range of motion
- Enhance critical blood flow

Available without handle bars



Patent 7530960 B2

The PneuVibe Club is a safe, effective therapy proven to improve circulation and restore function. Vibration causes an involuntary muscle response. As muscles respond, the circulation and lymph systems, and synovial fluid are stimulated resulting in faster recovery.

Dimensions	Capacity	Weight	Speed
32" X 18"	400 lbs	140 lbs	10- 60 MHz

"Vibration is the most exciting tool I have found in 25 years. They are in use all day for everything from massage and joint stabilization to training and strengthening for athletes." Don Gale PT

"An old knee injury came back to haunt me. I couldn't go up or down stairs without pain. By rotating my knee on the ClubVibe once a day for two weeks I was able to walk down stairs without pain." T Lynn 60

Vibration Studies on the Web

www.pneumex.com

Genuine Pneumex Equipment

www.pneumex.com

pneumex@pneumex.com

800.447.5792

Single Leg Squat



- Stand on one leg on Pneu-Vibe.
- Back straight bend knee to squat.
- Slowly return to starting position.

FOR REHAB UNWEIGHT

Hz 30-50 Amp Lo/Hi

Standing Calf Raise



- Standing on the Pneu-Vibe
- Rise up on balls of feet
- Back straight and abdomen tight.

FOR REHAB UNWEIGHT

Hz 30-50 Amp Lo/Hi

Lunge



- One foot in middle of Pneu-Vibe.
- Other foot firmly behind.
- Back straight and front knee stable
- Drop straight down bringing back knee towards floor.

Hz 30-50 Amp Lo/Hi

Squat



- Stand on the Pneu-Vibe
- Feet flat and shoulder width apart.
- Knees directly above the feet.
- Back straight, bend knees to squat
- Slowly return to starting position.

FOR REHAB UNWEIGHT

Hz 30-50 Amp Lo/Hi

Step UP



- Put one foot on PneuVibe
- Step up
- Alternate

FOR REHAB UNWEIGHT

Hz 30-50 Amp Lo/Hi

Knee Mobilization



- Put one foot on PneuVibe
- Press on thigh
- Rotate clockwise and counter clockwise

FOR REHAB UNWEIGHT

Hz 30-50 Amp Lo/Hi